ABOUT NORTH SHORE CHILD & FAMILY GUIDANCE CENTER

North Shore Child & Family Guidance Center is the pre-eminent not-for-profit children’s mental health agency on Long Island, leading the way in diagnosis, treatment, prevention, training, parent education, research and advocacy.

The Guidance Center is dedicated to restoring and strengthening the emotional well-being of children (from birth – age 24) who are troubled, in trouble or causing trouble. Our highly qualified team of caring psychiatrists, psychologists, social workers, drug and alcohol counselors, mental health counselors, vocational rehabilitation counselors and family advocates work with children and their families to address issues such as depression and anxiety; developmental delays; school refusal; bullying; sexual abuse; teen pregnancy; and family crises stemming from illness, death, trauma and divorce. We offer outpatient mental health counseling and teen drug abuse and prevention services.

For more than 60 years, the Guidance Center has been a place of hope and healing, providing innovative and compassionate treatment to all who enter our doors, regardless of their ability to pay.

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A MESSAGE FROM THE EXECUTIVE DIRECTOR/CEO AND PRESIDENT

When we hear that our neighbor’s teenager has been diagnosed with cancer, or that our colleague’s newborn has a heart defect, we shed some tears—and then we act. We bring meals; we babysit for their other kids; we raise money so the parents can take care of their ailing child.

But when we learn that our daughter’s friend has been hospitalized for depression, or that a boy on our son’s team has stopped going to school because of anxiety, we’re often at a loss as to how to respond. Here’s a fact that may surprise you: Although more children suffer from psychiatric illness than autism, leukemia, diabetes and AIDS combined, only one of five with an emotional disturbance gets treatment from a mental health specialist.

Why do we continue to treat illnesses above the neck differently than illnesses below the neck? The sad truth is that there’s still a stigma about mental health. The result: Parents often wait months or years to ask for help.

Fortunately, North Shore Child & Family Guidance Center is still here to fight that stigma and provide help to children in need. Let me share a few of their stories.

At just four years old, Jessica came to our doors suffering from severe anxiety after her parent’s separation. The simple joys of childhood—playing on a swing, making a new friend—were foreign to this little girl.

Seven-year-old Jeremy began treatment after living through the devastation of Hurricane Sandy. He came to us holding a flashlight in his tiny hands “in case the lights go out again.” Jeremy lost his toys, his home, his daily routine—and his belief that the world is a safe place.

We met six-year-old Jerome soon after he attempted to jump out a window because, as he said, “Nobody loves me.” And 14-year-old Maria told us that she lives in a house with a revolving door welcoming men who touch her.

Depression, anxiety, child abuse, school refusal, bullying, drug addiction, domestic violence . . . we receive more than 100 calls a week, and increasing numbers are emergencies.

All across Long Island, mental health agencies are closing, or they’ve been acquired by corporate entities with no roots in the community. That’s tragic, because community-based mental health organizations are as essential to the well-being of our children as hospitals and schools.

What can you do? Tell your representatives that you value the mental health organization that serves your community and expect their support to ensure its future. And if you know someone whose child is suffering from a mental health issue, make that phone call. Let them know you care.

Andrew Malckoff
Executive Director / CEO

John DiGilio
President
In 2014, North Shore Child & Family Guidance Center served almost 9,000 individuals from communities across Nassau County.

**THIRTY-SIX PERCENT** of our new mental health evaluations were considered emergencies, reviewed immediately by our Triage, Emergency and High Risk Team and seen within 24 to 48 hours to strengthen, stabilize and provide lifesaving support to at-risk young people and their families.

**2014 MARKED THE 30TH YEAR** that the Parents of Murder Victims and Other Homicide Survivors (POMV) support group has met at the Guidance Center headquarters in Roslyn Heights, providing mutual aid, advocacy and education in navigating and negotiating the criminal justice system.

**OUR LATINA GIRLS PROJECT**, one of a kind on Long Island, was featured in a national story entitled *Let Them Go, Let Them Grow*.

**THE GUIDANCE CENTER WAS CHOSEN BY NEW YORK STATE** as one of only five Long Island mental health agencies to be a Vital Access Provider to develop a dynamic plan for our long-term fiscal viability.

**THE ORGANIC GARDEN PROJECT**, a part of our Wilderness Respite Program and group therapy program, blossomed this year, with groups of children and teens tending to the garden at our headquarters.

**ANDREW MALEKOFF WAS HONORED** by the Nassau County Department of Human Services, Office of Mental Health, Chemical Dependency and Developmental Disabilities Services as their “2014 Outstanding Provider of the Year in Delivering Integrated Care to Families.” Malekoff also received the 2014 Lorraine Danser Award from S.T.R.O.N.G. YOUTH INC. “for tireless effort and dedication for the betterment of the community and youth.”

**IN 2014, SIX STAFF MEMBERS WERE HONORED** for reaching their 25-year milestone with the Guidance Center: Tyrone Anthony, Regina Barros-Rivera, Pat Byrnes, Lee Holtzman, Ann Moraski and Dr. Nellie Taylor-Walthrust.
THE WILDERNESS PROGRAM
INNOVATIVE PROGRAMS

For more than 60 years, North Shore Child & Family Guidance Center has been dedicated to offering our clients the gold standard in mental health services. But during our long history, we have moved beyond traditional therapeutic models, creating some of the most innovative programs in the country. Here, we highlight seven of the unique services that are creating new paradigms in community-based mental healthcare.

LATINA GIRLS PROJECT

Over the past few years, North Shore Child & Family Guidance Center has been fielding a record number of calls through our Triage, Emergency and High Risk Team from the families of Hispanic teen girls in dire need of help. These first-generation Latinas were coming to the Guidance Center with severe depression, self-harming behaviors, school refusal and suicidal thoughts or attempts. Many had been victims of sexual and emotional abuse or witnesses to domestic violence.

As the calls came in, it became clear that there was a consistent theme among these young Latinas—the overwhelming feeling that they could never merge the cultural expectations of their families with their desire to fit into life in contemporary American society. They yearned to be more like their peers, but feared that would cause tremendous pain to their parents, many of whom had immigrated to America after experiencing severe trauma in their war-torn and poverty-stricken native countries.

In response to the crisis, the Guidance Center began the Latina Girls Project, an innovative program designed to foster effective, open and healing communication among these young women and their parents.

Through a culturally sensitive and holistic approach, our staff of bilingual and bicultural counselors and social workers—many of whom are also first-generation Latinas—provides individual therapy, family therapy and weekly group meetings for the girls and their parents.

The Latina Girls Project also includes supervised outings for the girls that are designed to help them develop self-esteem, learn responsibility, gain team-building skills and realize that the larger world offers them many opportunities to lead successful, joyful lives.

The Latina Girls Project was profiled in an award-winning nationwide story published in October 2014 by the Journalism Center on Children & Families at the University of Maryland.

“My parents learned that I just wanted them to be there for me and listen. They learned that it doesn’t help to question why I feel the way I do but to accept it and support me.”
Closer to the Crib

This year marked the launch of the Guidance Center’s newest program: Closer to the Crib, a collaboration with the Nassau County District Attorney’s Office aimed at improving the lives of children from birth to 3 years old whose parents are criminal offenders.

Research shows that these children face greater emotional, economic and residential instability than their counterparts, leading to an increased risk for aggressive, anxious and depressive behavior. Our case management services, which include home visits, referrals to counseling, early childhood intervention services and court advocacy, aim to lessen the effects of toxic stress for these children and help them thrive under very difficult circumstances.

With help from Closer to the Crib, we believe our young clients will be less likely to become involved with the criminal justice system later in life—a benefit not only to the children and their families, but to the entire community.

The Wilderness Program

Teens are inundated with constant stimulation from their tech devices, with many glued in front of computer screens and video games as they struggle with feelings of loneliness and rejection. That lack of connection to the natural world negatively impacts them physically, emotionally and socially.

To address this problem, the Guidance Center created The Wilderness Program, which offers a unique opportunity for at-risk adolescents to participate in nature activities that foster individual growth, leadership skills, self-esteem and improved group communication while also promoting environmental stewardship.

This year, 42 teens took part in a variety of outdoor programs, including hikes (even in the winter’s coldest months!) and organic farming workshops at The Fox Hollow Farm, where they grew vegetables throughout the season.

The teens also tended to the organic garden located at the Guidance Center’s headquarters in Roslyn Heights, where they watered, seeded and weeded, filled with delight as they saw their hard work grow into a healthy harvest.

The teens, who had come to us lacking confidence and social connections, shared their gardening savvy with children and adolescents from our other therapy groups, creating a rewarding experience for all involved. Through the dedication of these young people, we had a bountiful surplus that was donated to local food pantries, a fact that made the teens—and our staff who have the honor of nurturing them—extremely proud.
GOOD BEGINNINGS FOR BABIES

The statistics on teenage pregnancy paint an alarming picture: Babies born to teen mothers are more likely to be premature and have low birthweights, resulting in potentially long-term cognitive and health problems. Without proper care, the teen moms are also at high risk for physical, emotional and economic woes.

But it doesn’t have to be that way. Our Good Beginnings for Babies program works with pregnant and parenting teens to promote healthier pregnancies, healthier babies and happier relationships between parent and child.

In our weekly prenatal and parenting groups, teens receive education on crucial issues such as nutrition, labor and delivery, breastfeeding, newborn care and perinatal mood disorders. They also benefit from home visits by a parent educator who shares information and resources to help these young families.

In 2014 we added a school-readiness component to the program, in which we conduct weekly outreach for new moms at the Westbury Health Center-WIC Program. This component of Good Beginnings for Babies will help prepare mothers for their most important role: to be their child’s first teacher.

“The GBB group has been a big support to me. I have learned a lot from other young mothers that have experienced or are going through the same things that I am going through. The group has helped me to better understand different cultures and how we can be better parents.”

CAREGIVERS GRANDPARENT RESPITE AND SUPPORT PROGRAM (C-GRASP)

What happens when parents are unable to care for their children? In many cases, the responsibility falls to their parents, many of whom face serious challenges as they strive to raise these youngsters. That’s why we created C-GRASP, the Caregivers Grandparent Respite and Support Program.

Through partnerships with a supportive team of local entities, including the Town of North Hempstead’s Project Independence, we provide the grandparents with a variety of services, including respite and peer support activities, counseling, clothing and other necessities, housing assistance, transportation and school advocacy.

Home visits were a major focal point in 2014, as we identified an increasing number of grandparent caregivers with illnesses that limit their ability to leave their homes. In partnership with Long Island Cares and Island Harvest, we added a food supplement component to our home visits this year, delivering fruits, vegetables and other nutritious items to each household.

The grandparents have created strong bonds among themselves and also social connections for their grandchildren, joining together for recreational activities in their homes. These dedicated caregivers continue to reach out to others faced with similar challenges, sharing their experiences, strength and hope.
THE CHILDREN’S CENTER AT
NASSAU COUNTY FAMILY COURT

The court building can seem like a scary place for youngsters. At The Children’s Center at Nassau County Family Court, a Guidance Center program, we care for children ages 6 weeks to 12 years in a safe, enriching and beautifully equipped environment while their parents or guardians are in court. The Center, which also serves as a vital resource and referral center for families, provided care for more than 1,700 children this year, most from families with annual incomes less than $25,000.

In 2014, the Guidance Center’s Community Action Committee and Business Advisory Council completed a book drive, collecting more than 1,000 books for the Children’s Center. Reading is an integral part of the activities at the Children’s Center, and each child is sent home with a book every day. More than 27,000 books have been distributed since the Guidance Center took the program over in 2006.

INTENSIVE SUPPORT PROGRAM

A good education is the foundation of a successful life, inspiring knowledge, creativity, social bonds and an economically promising future. But for children with serious emotional difficulties, the regular school environment can be overwhelming. These kids are the most likely to drop out—and also to be the targets of bullying.

The Intensive Support Program (ISP), a collaborative program developed by Nassau B.O.C.E.S and the Guidance Center, provides a therapeutic and nurturing alternative, offering intensive mental health services onsite at three schools for students ages 5-21 from all 56 Nassau County school districts.

ISP takes a team approach, as members of the Guidance Center staff work with each school’s administrators, counselors and teachers to support the students’ emotional and academic needs. ISP services include individual, group and family therapy; crisis intervention; coordination of family services; and medication management, when needed.

While the students are required to follow the same curricula as in other educational settings, the lessons are individualized to meet each student’s learning style. Through ISP, students develop the skills that are necessary for growth and success both on an academic and emotional level. We’re proud to be helping our most vulnerable children and teens achieve their full potential!
CORE SERVICES

MENTAL HEALTH SERVICES
Each of the Guidance Center’s three sites offer mental health services for children from birth through 24 and their families. The first step is a comprehensive evaluation, followed by an individually tailored treatment plan that may include any combination of individual, family and group therapy and, when indicated, medication management with a psychiatrist. All treatment plans require family consent.

SUBSTANCE ABUSE SERVICES
Drug and alcohol treatment and prevention services are provided for children, teenagers and their families at the Guidance Center’s Leeds Place – Serving Young People in Westbury. Substance abuse services include counseling youths who are alcohol and drug abusers, children who live in families with a parent who is suffering from alcoholism or drug addiction and youths who have co-occurring chemical dependency and mental health problems. Prevention services are offered to local school districts.
TRIAGE AND EMERGENCY SERVICES

The Fay J. Lindner Foundation Triage & Emergency Services offer a rapid response to psychiatric emergencies—a sudden set of circumstances in which there is an impending risk of danger to the child or adolescent such as risk of suicide, risk of physical harm to others, a state of seriously impaired judgment in which the child is endangered, and situations of risk to a defenseless victim involving abuse, neglect or exposure to domestic violence. Our goal is to strengthen, stabilize and support.

EARLY CHILDHOOD SERVICES

The Marks Family Right from the Start 0-3+ Center in Manhasset offers parent education, therapy and support services for young children. Rapid response and diagnosis for mothers suffering from maternal post-partum depression and other perinatal mood disorders is provided through the Diane Goldberg Maternal Depression Program. The Center also offers pre-school evaluations for children ages 3-6.

DIAGNOSTIC SERVICES/ LEARNING TO LEARN

The Guidance Center offers families comprehensive diagnostic assessments by highly-qualified teams of caring psychiatrists, psychologists, social workers, mental health counselors and drug and alcohol counselors with special expertise in diagnosing and treating children. Our Learning to Learn Center offers specialized screening, diagnosis and tutoring for children suspected of having learning issues, attention deficit problems and developmental disorders.

BEREAVEMENT AND TRAUMA SERVICES

The Schnurmacher Bereavement & Trauma Program offers assistance to children, youths and their families during times of grief and trauma, including family members of suicide victims and parents of murdered children, at our Lucille and Martin E. Kantor Bereavement and Trauma Center in Roslyn Heights and at our other sites. Support groups and therapy are offered for children who are abuse victims through the Renée and Robert Rimsky Abuse Prevention and Treatment Program.

INTENSIVE CHILD AND FAMILY SERVICES

This cluster of services is aimed at children and teens with serious emotional disturbances and their families and offers care coordination, crisis intervention in the home, case management and skills in living training. Teams of social workers, psychiatrists and parent advocates work collaboratively to preserve families and prevent institutionalization through an intensive response, often in the home environment.

TRAINING AND CONSULTATION

The Guidance Center provides community workshops, forums and trainings for professionals and parents on a broad range of topics dealing with children and families.
SUCCESS STORIES

TOMMY, 6, was having aggressive outbursts and social problems both at home and in school, and his behavior worsened when his parents separated. We provided the family with therapy to help them through this difficult period and also collaborated with Tommy’s school. Today, Tommy is no longer an angry, uncommunicative child but rather a boy who expresses his feelings with words. He is doing well in school, where he enjoys being with friends and playing sports.

ANNIE, 10, had experienced two devastating losses in her young life. Her biological parents couldn’t take care of her as a result of substance abuse issues, and her legal guardian passed away. When Annie first joined our Children of Substance Abusers’ Group, she would cry and run away from her counselors and peers. But with compassionate guidance from our staff, Annie learned how to share and process her feelings. Despite her early traumas, Annie is now able to smile easily and enjoy her days in school and in her new home.

DYLAN, 16, came to the Guidance Center after a long-standing history of anxiety and social problems. After we entered him into our Intensive Support Program at the Nassau B.O.C.E.S high school, Dylan’s anxiety decreased greatly as he learned coping skills, including art therapy. Whenever he begins to feel overwhelmed, Dylan seeks support from his teachers and therapists instead of lashing out. He says he feels comfortable and connected with his peers, who describe him as friendly and compassionate.

GRATEFUL PARENTS SPEAK OUT

“I cannot express how much your help has been to our family. Your warm approach and effective, nourishing advice make a world of difference when people are desperate and alone. I would recommend you for personal and family therapy any time.”

“When our daughter entered the program, we were a family in deep crisis. The therapist’s ability to understand our situation and, more important, understand our daughter gave us both comfort and hope. Her ability to tell you difficult facts and temper them with real empathy is a gift.”

“I don’t know if you truly realize the significance of the incredible work that you do. You literally change lives. You brought our son from a child who was out of control and on his way to a residential facility to a young man who now smiles, laughs and tries to please others. We can never thank you enough for your tireless dedication to helping make him better and better.”

SUZY, 16, was referred to us after being relentlessly bullied. Although the school was aware of her situation, they regarded it as a family issue—not a school problem. Suzy quickly developed a rapport with her therapist at the Guidance Center. Realizing that much of Suzy’s depression and anxiety were related to problems at school, her therapist advocated for her placement in a new, more therapeutic school environment. Today, Suzy is thriving; she’s excited about her future, which includes plans to pursue a career in law enforcement.
Community Mental Health Woes
by Andrew Malekoff
April 17-23, 2015

When Nassau residents decided that speed cameras in school zones were unfair, their outrage got the attention of local politicians. The cameras were gone in record time. And when taxpayers told their representatives to keep gambling off the block, the pols backed down, knowing they were waging a losing bet.

So why are our state leaders closing their ears to the pleas of children and families in desperate need of mental health services?

Across Long Island, the agencies that care for the most vulnerable are dropping like flies, victims of a mentality that stigmatizes psychiatric illness and a short-sighted healthcare system more interested in managing costs than managing care. This year alone, FEGS, a $250 million agency, closed after 80 years. Catholic Charities will close its outpatient mental health clinic in Freeport in May. Previous L.I. victims were South Shore Child Guidance, the Family and Children's Association, Peninsula Counseling Center and Pederson-Krag Center.

The pattern is clear: For decades, big government has cut funding to mental health services across the nation, and the cuts just keep on coming.

Failed state and federal leadership has enabled insurance companies to make it nearly impossible for community-based mental health clinics to survive, unless they reduce the time spent with clients to squeeze in more billable hours; refuse to handle crisis situations that require greater resources; restrict access, taking only patients who have Medicaid, which pays a higher rate than commercial insurers; and/or fire salaried employees and hire per diem staff who have little stake in the agency’s values.

When the “community” is taken out of community-based mental health care, it’s not just semantics. Time-honored practices fall by the wayside. Cultures fall apart. Quality of care crumbles.

Government powerbrokers continue to slash funding for lifesaving programs. Why? Follow the money. Insurance company lobbyists pay them big bucks to turn their backs on those in need.

But politicians also listen when constituents make noise. Isn’t it time we get loud about something as critical as the health and well-being of our children?

Andrew Malekoff is executive director of North Shore Child & Family Guidance Center, a nonprofit children’s mental health center in Roslyn Heights, NY.
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Your donation provides ongoing general operating support that can be used where and when it is most needed.

SPECIAL OCCASIONS
Commemorate a special event or make a donation in memory or in honor of a loved one. These special contributions help maintain programs and services. A commemorative gift announcement card will be sent in your name.

EVENTS
Your support of our fundraising events through the purchase of tickets, journal ads, underwriting, sponsorships, raffles and auctions provides unrestricted funding that allows us to continue our mission of caring for the emotional health of the children, youth and families of Long Island.

NAME RECOGNITION
Room and wall plaque recognition opportunities are available at The Lucille and Martin E. Kantor Bereavement & Trauma Center; The Learning to Learn Center; The Leeds Place – Serving Young People; and The Marks Family Right from the Start 0-3+ Center.

PLANNED GIVING
Designate us as beneficiary of your IRA or 401(K) plan; create a gift annuity or charitable trust and keep an income for life; donate appreciated securities; or leave us a legacy in your will.

CAMPAIGN FOR THE NEXT GENERATION
We reached our goal and raised $2.5 million over three years. This has enabled us to help more children in need of high-quality and innovative community-based mental healthcare in an environment of dwindling resources and growing need.
North Shore Child and Family Guidance Assoc., Inc.
Audited Statement of Activities

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<thead>
<tr>
<th></th>
<th>Year Ended December 31</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2014</td>
<td>2013</td>
</tr>
<tr>
<td>Public support and revenue</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program service fees</td>
<td>$ 3,672,973</td>
<td>$ 3,834,229</td>
</tr>
<tr>
<td>Government grants</td>
<td>2,955,699</td>
<td>3,547,663</td>
</tr>
<tr>
<td>Contributions</td>
<td>871,964</td>
<td>1,139,305</td>
</tr>
<tr>
<td>Special events contributions and sales, net of direct benefits to donors of $135,478 in 2014 and $188,092 in 2013</td>
<td>389,142</td>
<td>508,611</td>
</tr>
<tr>
<td>United Way &amp; Community funds</td>
<td>16,604</td>
<td>18,604</td>
</tr>
<tr>
<td>Annual fund</td>
<td>77,639</td>
<td>69,307</td>
</tr>
<tr>
<td>Investment return</td>
<td>5,227</td>
<td>1,936</td>
</tr>
<tr>
<td>Other</td>
<td>131,831</td>
<td>10,380</td>
</tr>
<tr>
<td><strong>Total public support and revenue</strong></td>
<td><strong>8,101,079</strong></td>
<td><strong>9,130,035</strong></td>
</tr>
<tr>
<td>Expenses</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program services</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Clinical</td>
<td>4,076,580</td>
<td>3,964,595</td>
</tr>
<tr>
<td>School Community Collaborative</td>
<td>1,809,487</td>
<td>1,950,932</td>
</tr>
<tr>
<td>Early Childhood</td>
<td>140,794</td>
<td>133,387</td>
</tr>
<tr>
<td>Outreach</td>
<td>363,891</td>
<td>1,039,583</td>
</tr>
<tr>
<td>Training, Consultation and Research</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Total program services</strong></td>
<td><strong>6,390,752</strong></td>
<td><strong>7,088,497</strong></td>
</tr>
<tr>
<td>Supporting services</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Management and general</td>
<td>1,225,890</td>
<td>1,134,126</td>
</tr>
<tr>
<td>Fundraising</td>
<td>374,604</td>
<td>451,547</td>
</tr>
<tr>
<td><strong>Total supporting services</strong></td>
<td><strong>1,600,494</strong></td>
<td><strong>1,585,673</strong></td>
</tr>
<tr>
<td><strong>Total expenses</strong></td>
<td><strong>7,991,246</strong></td>
<td><strong>8,674,170</strong></td>
</tr>
<tr>
<td><strong>Increase in net assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Net assets, beginning of year</strong></td>
<td><strong>1,318,938</strong></td>
<td><strong>863,073</strong></td>
</tr>
<tr>
<td><strong>Net assets, end of year</strong></td>
<td><strong>$ 1,428,771</strong></td>
<td><strong>$ 1,318,938</strong></td>
</tr>
</tbody>
</table>

Full audited financial statements are available upon request
CENTER ADDRESSES AND LOCATIONS

On the web: www.northshorechildguidance.org

ADMINISTRATIVE HEADQUARTERS
480 Old Westbury Road
Roslyn Heights, NY 11577-2215
(516) 626-1971
fax (516) 626-8043

THE MARKS FAMILY
RIGHT FROM THE START 0-3+ CENTER
80 North Service Road LIE
Manhasset, NY 11030-4019
(516) 484-3174

THE LEEDS PLACE -
SERVING YOUNG PEOPLE
999 Brush Hollow Road
Westbury, NY 11590-1766
(516) 997-2926

THE LUCILLE AND MARTIN E. KANTOR
BEREAVEMENT & TRAUMA CENTER
480 Old Westbury Road
Roslyn Heights, NY 11577-2215
(516) 626-1971

Licensed & Supported by: Nassau County Department of Mental Health, Chemical Dependency, and Developmental Disabilities Services; New York State Office of Mental Health; New York State Office of Alcoholism and Substance Abuse Services. Supported by: New York State Office for People with Developmental Disabilities; New York State Office of Children and Family Services; Nassau County Department of Health; United Way of Long Island; Great Neck Community Fund; Community Chest of Port Washington; Manhasset Community Fund.