

NORTH SHORE CHILD & FAMILY GUIDANCE CENTER

2015 ANNUAL REPORT



Where kids and families find hope and healing

ABOUT NORTH SHORE CHILD & FAMILY GUIDANCE CENTER

As the pre-eminent not-for-profit children's mental health agency on Long Island, North Shore Child & Family Guidance Center is dedicated to restoring and strengthening the emotional well-being of children (from birth–age 24) and their families. Our highly trained staff of psychiatrists, psychologists, social workers, vocational rehabilitation counselors and other mental health professionals lead the way in diagnosis, treatment, prevention, training, parent education, research and advocacy. The Guidance

Center helps children and families address issues such as depression and anxiety; developmental delays; bullying; teen pregnancy; sexual abuse; teen drug and alcohol abuse; and family crises stemming from illness, death, trauma and divorce. For more than 60 years, the Guidance Center has been a place of hope and healing, providing innovative and compassionate treatment to all who enter our doors, regardless of their ability to pay.

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A MESSAGE FROM THE EXECUTIVE DIRECTOR/CEO AND PRESIDENT



WHEN INSURERS SLAM THE DOOR

Have you ever sought mental healthcare for your child? What about drug addiction? Have you called multiple providers on your insurer's "list" and had the door slammed in your face? Or were you fortunate enough to make a good connection and then have the rug pulled out from under you, with your insurer denying continued care?

Welcome to the club.

There are two pieces to this issue. One involves the **federal parity law**, which requires health insurance companies to treat annual or lifetime dollar limits for mental health and substance abuse the same as they do medical benefits. The other issue involves **network adequacy**, which requires insurers to provide clients with timely access to a sufficient number of in-network mental health professionals in their vicinity. But how many times have you looked on your list, called them up, and then heard, "We don't accept your insurance."

The reality is that, because private insurers pay much lower rates as compared to Medicaid for mental health and addictions care, middle-class families are finding it harder and harder to find providers to

help their children. The lists of in-network providers are inadequate, outdated or just plain falsehoods.

On July 22, 2015, then-Assemblyman Todd Kaminsky wrote to the New York State Department of Financial Services (DFS) to express concern about the lack of insurance coverage for mental health services for middle-class families on Long Island. He wrote, "After hearing from numerous constituents and closely studying this issue, it is clear that commercial insurance companies do not have adequate mental health service networks for hard-working families. This lack of access to care is alarming, and I hope DFS will immediately respond by commencing a thorough study of this issue."

While Medicaid covers comprehensive mental health services, commercial insurance frequently does not, or if they do, the rates are miniscule compared with the cost of treatment. The reality today is that fewer community-based mental health clinics are accepting privately insured clients who earn too much to qualify for Medicaid, which leaves these families with nowhere to turn for affordable care.

I'm proud to say that at North Shore Child & Family Guidance Center, we never turn away anyone for inability to pay. But we are one of very few left who can make that statement.

By ignoring the enforcement of the federal parity law and the need for network adequacy, the majority of representatives in government are turning their backs on the millions of Americans who are in need of essential mental healthcare services. We cannot trust insurance companies, whose eye is on their bottom lines, to do the right thing. It's no exaggeration to say that lives have been and will continue to be lost unless we pressure our politicians to make this a top priority. You can be sure that we will be at the forefront of these advocacy efforts.

A handwritten signature in blue ink that reads "Andrew Malekoff".

Executive Director / CEO

A handwritten signature in blue ink that reads "Nancy Lane".

President

2015 ANNUAL HIGHLIGHTS



■ We reached almost 10,000 people in 2015 through our clinical, education and outreach services.

■ We began an LGBTQ group to help adolescents navigate their world and learn new skills to help empower and strengthen their sense of selves.

■ The Guidance Center's organic garden at our Marks Family Right From the Start 0-3+ Center in Manhasset was featured on a regional television program called My LI TV. The program, which can be viewed on our website at www.northshorechildguidance.org, shows how the garden helps emotionally at-risk children learn how to cope with their feelings and learn that having "good soil," like positive support and outlooks, helps them grow into healthy, stable children. The excess produce is brought to a local food pantry, which also makes the children very proud of helping others. The garden is our second; the initial garden is at our Roslyn headquarters.

■ Construction began on a Nature Nursery on the grounds of our Manhasset office, The Marks Family Right From the Start 0-3+ Center. The nature space will include a 26-foot fenced enclosure with multi-

sensory play areas, musical instruments and other learning tools where children under six can walk and play along with their parents and therapist.

■ We announced a research partnership with Northwell Health. The study is examining the use of a new medication, coupled with healthy lifestyles interventions, to help children and adolescents with mood disorders who gained weight from the use of second-generation antipsychotics.

■ Also in partnership with Northwell Health, we began a free monthly series of Positive Parenting workshops featuring pediatric experts from Northwell Health's Cohen Children's Medical Center. The workshops are held at our Marks Family Right From the Start 0-3+ Center in Manhasset. The topics covered so far have included toilet training and feeding finicky eaters. The free series runs every second Tuesday of the month.

■ Guidance Center Executive Director/CEO Andrew Malekoff was honored at the David Awards, which recognizes eight Long Island men who have excelled in business or academics and also accomplished outstanding heroic and humanitarian acts.

■ A new monthly program was launched that will highlight the use of animal-assisted therapy with clients. Each month, volunteers from Bideawee bring dogs to a family therapy session, a strategy that helps children in numerous ways, including calming them, reducing shyness and feeling a strong bond of unconditional love.

■ The Guidance Center is proud to announce that Dr. Nellie Taylor-Walthrust, Leeds Place Director at the Guidance Center, was named by Governor Cuomo

to serve on the New York State Advisory Council on Underage Alcohol Consumption and Youth Substance Abuse.

■ Last spring, work began to upgrade our Roslyn headquarters, which needed an extensive renovation to remediate structural problems as well as increase energy efficiency, and we are pleased to announce that work was completed in the late autumn of 2015. The renovations have made these areas bright and energy-efficient work spaces. Whispered Wishes, our headquarters, was built in 1905 by the family of I.U. Willets and we purchased the property in 1983.

■ The Guidance Center launched an upgrade of our new website, now featuring a "responsive" design so it is easy to read on all mobile devices. We have also boosted our social media presence to include not only Facebook, but also Twitter, Instagram and Pinterest. Find us on Facebook by searching for "North Shore Child & Family Guidance Center;" at Instagram at @the_guidance_center; and on Twitter and Pinterest at @NSCFGCC.

■ A story on our Latina Girls Project was the winner of a Folio Award, which honors the best in journalism in both print and online formats.

■ The Guidance Center's outreach to educate the public and advocate against issues such as stigma and lack of insurance coverage continued with a host of pieces written by Andrew Malekoff appearing in Newsday, Long Island Business News, The Hill (a widely read national newspaper focused on politics and policy issues), Blank Slate Media, in a monthly column in the Anton Media Group and in other print and online media outlets.

GROWING STRONG AND TALL AT THE GUIDANCE CENTER

North Shore Child & Family Guidance Center doesn't just operate behind closed doors. We also take youngsters out into our organic gardens and on trips to natural environments, where they learn lessons such as how to work with a group, become more self-reliant, manage their emotions and take care of the planet. Here is a montage of some of the outings taken by our clients, both the younger children and the teens.



SERVING OUR YOUNGEST CLIENTS

At North Shore Child & Family Guidance Center, we provide mental health services to clients from birth to 24 and their families (read more about all of our programs in our “Programs and Services” section on pages 10-11). In this year’s Annual Report, we’re putting the focus on our programs for the youngest of our clients. These programs are all part of our Marks Family Right From the Start 0-3 + umbrella of services. They include our Good Beginnings for Babies program, which provides support, counseling, advocacy and education for pregnant and parenting teens at the Leeds Place, our Westbury office; our Diane Goldberg Maternal Depression Program, which offers rapid response and diagnosis for mothers suffering from maternal post-partum depression at our Marks Family Right From the Start 0-3 + Center in Manhasset; and several other programs designed to make sure we help families raise youngsters who are happy and healthy.

GOOD BEGINNINGS FOR BABIES

Good Beginnings for Babies works with pregnant and parenting teens to promote healthier pregnancies, healthier babies and happier relationships between parent and child. In Good Beginnings for Babies, pregnant teens are provided with prenatal education and assistance in accessing prenatal care to advance full-term pregnancies and healthy birth-weight babies with no toxicities for drugs and alcohol. For the parenting teens the goal

is to ensure a solid emotional attachment, to screen for perinatal mood and anxiety disorders and to provide treatment when needed, and also to provide parents and babies with activities to promote school readiness.

In our weekly prenatal and parenting groups, teens receive education on crucial issues such as nutrition, labor and delivery, breastfeeding, newborn care and perinatal mood disorders. They also benefit from home visits by a parent educator who shares information and resources to help these young families. The program also helps foster a sense of community of young parents as they support one another.



THE DIANE GOLDBERG MATERNAL DEPRESSION PROGRAM

Our Diane Goldberg Maternal Depression Program serves families where mothers are experiencing postpartum depression as well as mothers of young children who are suffering from mood and anxiety disorders. We continue to offer a team approach in which each case is treated as an emergency, and a psychiatric evaluation is provided as part of each assessment. Treatment includes individual, family and group therapy. During this time, mothers and family members are educated about perinatal mood disorders and the impact on their families. Close attention is paid to the interactions that each mother has with her baby and other children in the family.

Creating healthy attachments is one of the important goals of recovery. Women continue to seek treatment after experiencing a variety of traumas, whether during pregnancy or delivery. In addition, we have seen clients who have been in therapy for perinatal mood disorders and have returned to therapy after a significant event triggered symptoms of anxiety or depression.

Early intervention continues to be an important part of the treatment process. Recognition for our leading role in serving this population continues to be evidenced in our playing an active part in the Nassau County Perinatal Task Force. We are involved in educating county organizations about perinatal mood and anxiety disorders. One of our presentations given at county-wide forums is entitled: “Creating a Safety Net for Perinatal Mood and Anxiety Disorders in Nassau County: An Ongoing Journey.”

CLOSER TO THE CRIB

Last year marked the launch of the Guidance Center's newest program: Closer to the Crib, a collaboration with the Nassau County District Attorney's Office aimed at improving the lives of children from birth to 3 years old whose parents are criminal offenders.



Research shows that these children face greater emotional, economic and residential instability than their counterparts, leading to an increased risk for aggressive, anxious and depressive behavior. Our case management services, which include home visits, referrals to counseling, early childhood intervention services and court advocacy, aim to lessen the effects of toxic stress for these children and help them thrive under very difficult circumstances.

With help from Closer to the Crib, we believe our young clients will be less likely to become involved with the criminal justice system later in life—a benefit not only to the children and their families, but to the entire community.

CHANGING FAMILIES

For young children witnessing the often painful and acrimonious dynamics of divorce, our "Changing Families" group offers a therapeutic experience where the use of play materials, storytelling, relaxation techniques, and peer influences help reduce the harmful effects of the family crisis. Parents meet in a concurrent group that offers them support and educates them about the dynamics that their children experience. In addition, the parent group allows members to learn how to respond to the feelings and questions that often are generated by the children's participation in the "Changing Families" group. Parents groups run throughout the year, each lasting six weeks.

C-GRASP

What happens when parents can't care for their children? Often the responsibility goes to the grandparents of the children, and that's why we created C-GRASP, the Caregivers Grandparent Respite and Support Program. Through partnerships with a supportive team of local town entities, we provide grandparents with a variety of services, including respite and peer support activities, counseling, clothing and other necessities, housing assistance, transportation and school advocacy. We also provide home visits and, in partnership with Long Island Cares and Island Harvest, a food supplement component.

ORGANIC GARDEN



After the huge success of our main organic garden at our Roslyn headquarters, we realized that this program would be perfect for our younger clients, so we dug our hands in last spring to create a garden at the Marks Family Right From the Start 0-3+ Center. One of the therapist group leaders refers to the Manhasset organic bed as "Our Therapeutic Garden," and she wrote a short summary of the therapeutic value of the garden.

"I have been using our garden as a metaphor for life. As we tend to the garden, I ask the children questions such as, 'What do plants need to grow and thrive? What do we need to grow and thrive? Some vegetables like the tomatoes need support. Who supports you? The pole beans lean on the bamboo for support. Who can you lean on? The children truly enjoy taking care of the garden and checking in to see the growth. They are learning about TLC, giving tender loving care to the 'baby carrots.' The garden is an effective tool to assist with various topics of conversation and open doors for the children to learn new skills. Tending to the garden has been a gift for all of us!"



PRESCHOOL SPECIAL EDUCATION EVALUATIONS

In addition to traditional mental health services, we continue with our Committee on Preschool Special Education (CPSE) evaluations and treatment services by working with the Great Neck/Manhasset Head Start program. At Head Start we observe the children, assist teachers in understanding behavior, and speak with parents, when requested, about their children's behavior. We also provide annual trainings to Head Start staff. Our work is so valued there that, despite budget cuts to Head Start, we have been asked to continue our work there. Similar to our role at Head Start we have developed a proposal to provide a consultant to the newly formed Uniondale Pre-K program.

POSITIVE PARENTING WORKSHOPS

We recently developed a relationship with Northwell Health Systems in which they provide monthly pediatric specialists to speak at the Marks Family Right From the Start 0-3+ Center regarding topics of general interest such as immunizations and toilet training. These free workshops are held the second Tuesday of every month and have been a huge success in our local communities.



THE CHILDREN'S CENTER AT NASSAU COUNTY FAMILY COURT

The court building can seem like a scary place for youngsters. At The Children's Center at Nassau County Family Court, a Guidance Center program, we care for children ages 6 weeks to 12 years in a safe, enriching and beautifully equipped environment while their parents or guardians are in court. The Children's Center, which also serves as a vital resource and referral center for families, provided care for more than 1,400 children in 2015, most from families with annual incomes less than \$25,000. The Children's Center is more than just a child care center; it is also an early learning center. This is usually the first time very young children have been exposed to a structured learning environment separate and apart from their parents. Children have the opportunity to develop healthy social skills through interaction with other children, and to develop their fine motor skills through interactive play with small and large toys. The children are encouraged to use their imagination and creativity as they explore all learning and play areas available to them. Good nutrition is also stressed, with healthy snacks and beverages provided for the children during the morning and the afternoon sessions.

SUCCESS STORIES

Jamie, 9, had been exhibiting very defiant behaviors for many years. His school had placed him on home instruction because they could not manage his continual outbursts. He even made suicidal statements and engaged in self-injurious behaviors. We placed Jamie in our ISP (Intensive Support Program), which provides extensive one-on-one therapy for children with emotional difficulties in three sites—elementary, middle and high school. As Jamie became more active in treatment, our team realized that anxiety was the major cause of his distress. Jamie's mother also became very involved with family treatment and implemented strategies to decrease anxiety on both their parts. Jamie began to show tremendous emotional growth and his anxiety significantly decreased. He transferred in September 2015 to a regular BOCES classroom, which also greatly helped his self-esteem.

Lindsey, a 15-year-old, was actively self-harming, had suicidal ideation and had already made a suicide attempt when she was admitted to us. She was diagnosed with depression and anxiety. She would regularly overload her schedule with advanced classes and extracurricular activities and attempt to help other people with projects. Lindsey attended individual sessions and her parents would regularly attend family sessions. She also participated in a group. Gradually she began to find ways to say “no” to people when she knew it was going to be a drain on her and also say “no” to the activities or classes that were overwhelming her. She began to recognize there are some circumstances that are outside of her control. Lindsey began to sever toxic friendships. She is no longer self-harming or suicidal. She is currently one of three members of a six-session group that

focuses on the process of treatment and maintaining the progress made once treatment has come to an end.

Ann sought treatment following the birth of her second child. She reported symptoms of depression and anxiety, including irritability, hopelessness, catastrophic thinking, and guilt over these feelings, as well as her inability to manage her children. She engaged consistently in short-term individual therapy that focused on restructuring her negative thinking, implementing skills to cope with her anxious and depressed feelings, and continuing to strengthen her relationships with those around her. Ann reported that coming to therapy and the utilization of learned strategies were helpful in elevating

her mood, caring for her children, and transitioning back to work after her maternity leave.

Derek was a six-year-old boy who was referred to therapy due to his frequent angry outbursts, yelling and aggression with peers and family members. Derek's parents had been divorced for four years. Derek lived with both of his parents, splitting the week with each. In addition, each parent had remarried. Derek participated in our Changing Families Group for children while his father attended the Parents Changing Families Group that ran concurrently. Derek learned to identify his feelings and that other children had similar feelings about having their parents no longer living together.

GRATEFUL PARENTS SPEAK OUT

I don't know if you truly realize the significance of the incredible work that you do. You literally change lives. You brought my child from a child who was out of control and on his way to a residential facility to a young man who smiles, laughs, jokes and even tries to please others. What a tragedy it would have been if we would have lost our true son's self to his mental illness. We can never thank you enough for your tireless dedication to helping to make him better and better.

The professionals at North Shore Child & Family Guidance Center provide their clients with a pathway through adversity. With assistance in so many problems including substance dependency, sexual abuse, learning disabilities, developmental delays, separation and divorce, suicide threats and attempts, and chronic illness, the Guidance Center is a lifeline to so many about so many things people prefer not to talk about.

We were very fortunate to learn about The Wilderness Program at the Guidance Center this past summer. What a wonderful opportunity this has been for our son. There are so many young people who just don't fit in to the typical teenage environment. The Wilderness Program provides an event that our son looks forward to on Saturday mornings. The camaraderie that the wonderful leaders have created for the participants is truly invaluable. It has given our son that special gift that everybody has to have—socialization—as well as the opportunity to get out and learn the basics of nature.



PROGRAMS AND SERVICES

MENTAL HEALTH SERVICES

Each of the Guidance Center's three sites offer mental health services for children from birth through 24 and their families. The first step is a comprehensive evaluation, followed by an individually tailored treatment plan that may include any combination of individual, family and group therapy; and, when indicated, medication management with a psychiatrist. All treatment plans require family consent.

SUBSTANCE ABUSE SERVICES

Drug and alcohol treatment and prevention services are provided for children, teenagers, and their families at the Guidance Center's Leeds Place – Serving Young People in Westbury. Substance abuse services include counseling youths who are alcohol and drug abusers, children who live in families with a parent who is suffering from alcoholism or drug addiction and youths who have co-occurring chemical dependency and mental health problems. Prevention services are offered to local school districts.

TRIAGE AND EMERGENCY SERVICES

The Fay J. Lindner Triage and Emergency Services offer a rapid response to psychiatric emergencies—a sudden set of circumstances in which there is an impending risk of danger to the child or adolescent such as risk of suicide, risk of physical harm to others, a state of seriously impaired judgment in which the child is endangered, and situations of risk to a defenseless victim involving abuse, neglect, or exposure to domestic violence. Our goal is to strengthen, stabilize and support.

DIAGNOSTIC SERVICES/ LEARNING TO LEARN

The Guidance Center offers families comprehensive diagnostic assessments by highly qualified teams of caring psychiatrists, psychologists, social workers, mental health counselors and drug & alcohol counselors with special expertise in diagnosing and treating children. Our Learning to Learn Center offers specialized screening, diagnosis and tutoring for children suspected of having learning, attention deficit problems and developmental disorders.

BEREAVEMENT AND TRAUMA SERVICES

The Schnurmacher Bereavement & Trauma Program offers assistance to children, youths and their families during times of grief and trauma, including family members of suicide victims and parents of murdered children at our Lucille and Martin E. Kantor Bereavement and Trauma Center in Roslyn Heights and at our other sites. Support groups and therapy are offered for children who are abuse victims through the Renée and Robert Rimsky Abuse Prevention and Treatment Program.

INTENSIVE CHILD AND FAMILY SERVICES

This cluster of services is aimed at children and teens with serious emotional disturbances and their families, and offers care coordination, crisis intervention in the home, case management, and skills in living training. Teams of social workers, psychiatrists and parent advocates work collaboratively to preserve families and prevent institutionalization through an intensive response, often in the home environment. This cluster includes:

CHILDREN'S CARE COORDINATION TEAM (CCCT) – Provides home-based clinical services for troubled children and teens.

COORDINATED CHILDREN'S SERVICES INITIATIVE (CCSI) – Coordinates services among multiple systems to prevent children from falling through the cracks.

INTENSIVE SUPPORT PROGRAM – Offers intensive mental health services on-site at three Nassau B.O.C.E.S schools for children, ages 5-21, and their families from all 56 Nassau County School Districts.

WILDERNESS RESPITE PROGRAM – Offers groups for youth at risk that emphasize outdoor activities as a gateway to mastery of social skills and youth empowerment.

LATINA GIRLS PROJECT – Offers bilingual and bicultural mental health counseling, group meetings, and outings for adolescent girls suffering from depression, along with family counseling.

TRAINING AND CONSULTATION

The Guidance Center provides community workshops, forums, and trainings for parents on a broad range of topics dealing with children and families.



Each month, Andrew Malekoff is featured in a column in Anton Media, which is reached by 80,000 readers on Long Island.

BULLIES MOVE FROM THE PLAYGROUND TO CYBERSPACE

By Andrew Malekoff

Members of a Wisconsin middle school basketball team are being lauded as heroes and rightfully so. When the boys noticed some bullies making fun of one of their cheerleaders—a 14-year-old girl named Desiree who has Down Syndrome—they took action, walking over to the bullies and telling the offenders to cut it out.

As one of the boys told reporters, “They were pointing and laughing at her from the stands. It’s not funny to make fun of somebody by the way they look or act.” Another said, “This is not a one-time thing. You always have to stick up for kids that are bullied. It’s the right thing to do.”

Another group in New York City, Teen Pact, has taken steps to combat cyberbullying by producing public service announcements that are being used nationwide. One PSA depicts a boy texting an affectionate message about a classmate. His friends then pass it on and when it goes viral he becomes the target of unrelenting teasing and taunting. The PSA message is: “It’s not funny anymore, don’t be an accidental bully.”

Just how many kids are being tormented, either online, in school or both? Recent studies report some startling statistics:

- 83 percent of girls and 79 percent of boys report being bullied either in school or online.
- 75 percent of school shootings

have been linked to harassment and bullying against the shooter.

- About 160,000 teens skip school every day because they are bullied, and 1 in 10 teens drops out of school due to repeated bullying.

- Kids who are bullies as young adults continue the trend of abuse and violence into adulthood. By the age of 30, about 40 percent of boys identified as bullies in middle and high school had been arrested three or more times.

The most frequent targets are kids seen as “different”—gay or transgender youth, those with special needs or who are overweight—but no kid is immune from being a victim. While bullying isn’t a new phenomenon, cyberspace obliterates any sense of sanctuary that children once found when they were away from school and in their own homes.

One social media app that’s particularly alarming is Yik Yak, which allows users to send out posts—known as “yaks”—that can be seen by anyone within a 1.5-mile radius. What makes it worse than most other social media forums kids are using is the fact that the posters are anonymous. A user can “yak” out anything they want without fear of being identified. Perfectly acceptable posts: “Jane is an ugly cow,” “John is a fag,” and much more that would be unprintable in this newspaper. It’s devastating to imagine the damage this type of abuse can have on a child or teen.

Laws such as the Dignity for All Students Act, which took effect in July 2012, seeks to provide students with a safe and supportive environment free from discrimination, intimidation, taunting, harassment and bullying on school property, buses or at a school function.

The passage of the Dignity Act provides an opportunity for parents to talk to their children about how to protect themselves from bullying and offers them a context to discuss how to be sensitive to others who are different. This is, of course, providing that parents are able to engage their children in an accepting and nonjudgmental manner that opens communication.

But laws like the Dignity Act aren’t enough to tackle what is a social problem. No amount of legislation and no penalties for intimidating schoolyard behavior can guarantee that children will be safe at all times whether inside or outside of school.

These laws must be complemented by support at home, pro-social bonds among neighbors and consistent community standards against bullying, bias and harassment, including in cyberspace. Otherwise, the legislation will be little more than a paper tiger, another layer of bureaucracy with limited influence in the real world.

WEBSITE AND SOCIAL MEDIA

North Shore Child & Family Guidance Center made some major updates to our online presence in 2015. We changed our website design to be “responsive,” so it’s easily readable from phones and other mobile devices. We also are taking full advantage of social media outlets such as Facebook, Instagram, Twitter, and Pinterest, which we’re using to get out the message about mental health issues, focusing on everything from dealing with issues such as depression and bullying to combatting stigma.



Visit us at www.northshorechildguidance.org

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Jane and John Shalam
Jeremy Shao
Joan Siegel
Signature Bank
Denise and Robert Silverberg
St. James Insurance Group
St. John's of Lattintown Episcopal Church
Seth Stein
Pamela and Laurence Tarica
Three B's Plumbing & Heating Corp.
Transitions
Triangle Building Products Corp.
Vasca Siding, Inc.
Toby and Harold Weinberger
Cindy and Paul Woldar
Maxine Zinder

\$500-\$999

A Team Drywall LLC
ACA Waste Services Inc.
Adelphi University
Ann and Ken Adler
Debra and Anthony Aronica
Astoria Bank
Brach Eichler LLC
Matilde Broder
C.D.E. Air Conditioning Co.
Jack Cafferty
Joan and Vincent Carosella
Madeline and Eric Caslow
Daphne and Charles Chan
Competition BMW of Smithtown
Condon, O'Meara, McGinty & Donnelly LLP
Danco Security Systems
DeChairo Brothers Inc.
Ann and Lawrence Denihan
Divney Tung Schwalbe, LLP

Driven Local
Steven Dubner Landscaping
Leslie Dumont and Fred Levin
EMM
Entrée
Evian Aluminum Siding
Eye Candy
F & G Concrete Management Inc.
Lorraine and Philip Foote
Fortunoff Fine Jewelry
Gabriele & Marano, LLP
Sandra and George Garfunkel
Gates Capital Corp.
Todd Gilbert
Amy Goldberger
Great Neck Community Fund
Anne and Bruce Greenberg
Dorothy Greene
Debbie and Jordon Haber
Renee and Adam Haber
Hampton Drainage
Ilene and Jerry Herz
Hess Associates LLC
Daniel Huang
Susan Isaacs and Elkan Abramowitz
Keane & Beane, P.C.
June Keller
Kipnes Crowley Group LLC
Bonnie and Lawrence Kivel
Sue and Jon Korn
Diane Krasnoff
Jackson Kuan and Lana Choy
Sandy and Jeffrey Lafazan
Laffey Fine Homes
Richard Lane
Nancy and Alfredo Li
Lighting Gallery Inc.
Limani
M&D Concrete Corp.
Lynn and William Martin
Erica and Jayme Maultasch
Maximum Security
Nancy and Guy Mazarin
Metro Fab Pipe, Inc.
Minuteman Press
Ellen and Michael Mullan
Nawrocki Smith LLP CPAs
Nelson & Pope Engineers & Surveyors
Karen Papadopoulos
Marion and Brett Pearlman
People's United Bank
Lisa Puntillo and Robert Pascucci
Philip Radus
Samuel Ramirez & Co.
Deborah and Michael Rashti
Arlene Richards

Renée Rimsky and Murray Beckerman
Valerie and Rick Ritacco
Nadin Rojas
Marvin Rosen
Ernest Rubenstein
Julie and David Samber
Michelle and Craig Sanders
Janice and Alan Schlesinger
Gene Schnepfer
Daniel Serota
Arlene and Richard Sirlin
Ruth and Michael Slade
Sneakerology
South Oaks Hospital
Stempel Bennett Claman & Hochberg P.C.
Sterling Cabinets
Nancy and Howard Stone
System Management Group, Inc.
Leonard Tartamella
Linda Taub
Taylor & Francis Group
Alice and Jack Tillem
Doris M and Peter S. Tilles Foundation
Tower Ford Inc.
Two B's Plumbing & Heating Corp.
Linda and Mark Ugenti
U.S. Trust Bank of America
Dani and Greg Westfall
Jane and Peter White
Julian Whiting
Diane and Howard Wohl



2015 EVENTS



1. Andrew Malekoff with honoree Sunny Hostin at Dancing With Our Stars Gala. 2. Jeff and Susan Kravat at the Jonathan Krevat Memorial Golf & Tennis Classic. 3. Spring luncheon keynote speaker Edie Magnus with Board President Nancy Lane. 4. Board member Linda Ugenti with guests at Ladies Night Out at Equinox. 5. Board member Andrea Leeds with guest Sharon Berlin at Spring Luncheon. 6. Swearing in of Board of Directors at our Annual Meeting. 7. Andrew Malekoff, Michael and Andrea Leeds, Bernadette Castro, Len Berman, Chris and Jack Bransfield, Nancy Lane, Regina Barros-Rivera at Dancing With Our Stars Annual Gala. 8. Dancing With Our Stars Gala attendees Joan Grant, Cynthia Rubinberg, Ruth Fortunoff Cooper, Helene Fortunoff, Esther Fortunoff. 9. Latina Girls Project members and chaperones attend Disenchanted Off Broadway. 10. Spring Luncheon co-chairs and board



members Alexis Siegel, Jan Ashley and Amy Cantor, with Executive Director Andrew Malekoff (center) and board president John Grillo. 11. Annual meeting honorees Jack and Chris Bransfield, Rita Castagna, Andrew Malekoff. 12. Professional dancer, Frank Castagna, Jo-Ellen Hazan, Charles Chan, Tracey Kupferberg, professional dancer, Sandra K. Schoenbart, Wayne Grossé, professional dancer. 13. Troy Slade presenting award to 2015 honoree Steven Dubb at the Jonathan Krevat Memorial Golf & Tennis Classic. 14. Christine Conniff Sheahan, Frank Castagna, Rita Castagna and Andrew Malekoff at the Networking Magazine David Awards.

INVESTING IN THE FUTURE OF OUR CHILDREN

ANNUAL FUND

Your donation provides ongoing general operating support that can be used where and when it is most needed.

SPECIAL OCCASIONS

Commemorate a special event or make a donation in memory or in honor of a loved one. These special contributions help maintain programs and services. A commemorative gift announcement card will be sent in your name.

EVENTS

Your support of our fundraising events through the purchase of tickets, journal ads, underwriting, sponsorships, raffles and auctions provides unrestricted funding that allows us to continue our mission of caring for the emotional health of the children, youth and families of Long Island.

NAME RECOGNITION

Room and wall plaque recognition opportunities are available at The Lucille and Martin E. Kantor Bereavement & Trauma Center; The Learning to Learn Center; The Leeds Place – Serving Young People; and The Marks Family Right From the Start 0-3+ Center.

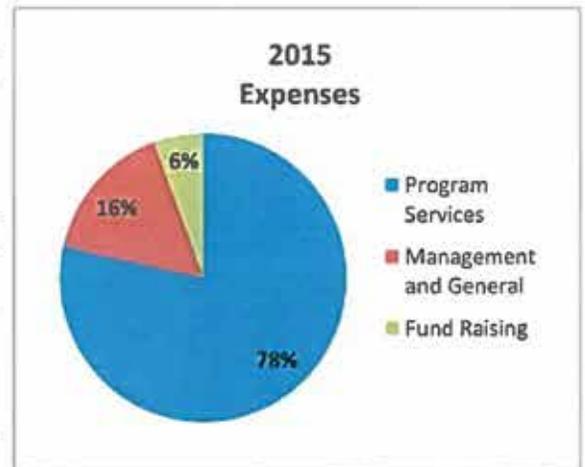
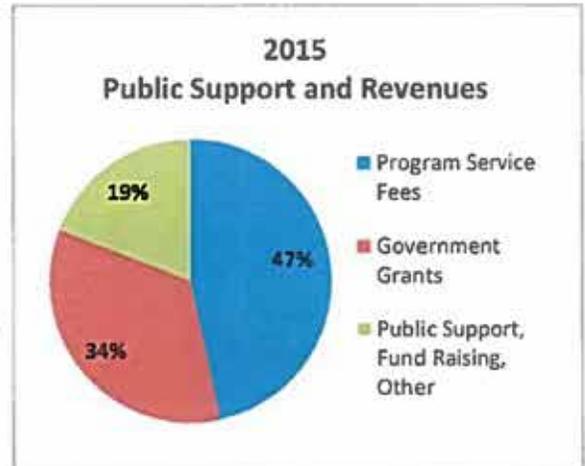
PLANNED GIVING

Designate us as beneficiary of your IRA or 401(K) plan; create a gift annuity or charitable trust and keep an income for life; donate appreciated securities; or leave us a legacy in your will.



North Shore Child and Family Guidance Assoc., Inc.
Audited Statement of Activities

	Year Ended December 31	
	2015	2014
Public support and revenue		
Program service fees	\$ 3,913,520	\$ 3,672,973
Government grants	2,870,876	2,935,699
Contributions	955,018	871,964
Special events, net	542,600	389,142
United Way & Community funds	20,833	16,604
Annual fund	73,340	77,639
Investment return (loss)	(9,159)	5,227
Other	22,058	131,831
Total public support and revenue	8,389,086	8,101,079
Expenses		
Program services		
Clinical	4,323,610	4,076,580
School Community Collaborative	1,792,329	1,809,487
Early Childhood	194,851	140,794
Outreach	169,191	363,891
Total program services	6,479,981	6,390,752
Supporting services		
Management and general	1,313,544	1,225,890
Fundraising	464,882	374,604
Total supporting services	1,778,426	1,600,494
Total expenses	8,258,407	7,991,246
Increase in net assets	130,679	109,833
Net assets, beginning of year	1,428,771	1,318,938
Net assets, end of year	\$ 1,559,450	\$ 1,428,771



Full audited financial statements are available upon request



CENTER ADDRESSES AND LOCATIONS

On the web: www.northshorechildguidance.org

ADMINISTRATIVE HEADQUARTERS

480 Old Westbury Road
Roslyn Heights, NY 11577-2215
(516) 626-1971
fax (516) 626-8043

THE MARKS FAMILY RIGHT FROM THE START 0-3+ CENTER

80 North Service Road LIE
Manhasset, NY 11030-4019
(516) 484-3174

THE LEEDS PLACE - SERVING YOUNG PEOPLE

999 Brush Hollow Road
Westbury, NY 11590-1766
(516) 997-2926

THE LUCILLE AND MARTIN E. KANTOR BEREAVEMENT & TRAUMA CENTER

480 Old Westbury Road
Roslyn Heights, NY 11577-2215
(516) 626-1971



Find us on Facebook by searching for “North Shore Child & Family Guidance Center;”
at Instagram at [@the_guidance_center](https://www.instagram.com/the_guidance_center/); and on Twitter and Pinterest at [@nscfgc](https://www.pinterest.com/nscfgc/)